

Saison Artist in Residence Online Workshop–Day 1

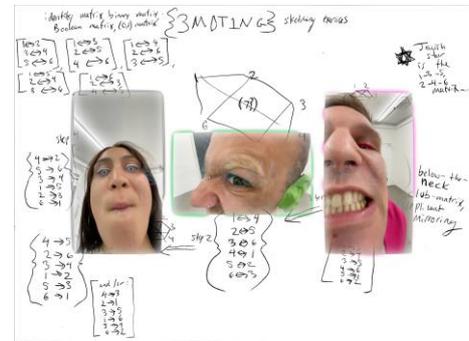
This workshop aims to share the artists' original dance practices, methods and training with the participating artists and the general public online.

“Emoting:[webcam*webcam](^z)” by Zander Porter [USA/Germany]

8 January, 5:00 pm – 6:00 pm (JST) / Zoom online / free of charge



Artist and choreographer Zander Porter invites participants to explore emoting exercises, cyborg mirroring, and replicant identification together through guided instructions around how to feel, move, articulate, and represent face (or “robo-emoted physiognomy”) to each other, to the camera, and through our camera-lenses and computer interfaces. Titled Emoting: [webcam*webcam](^z), the workshop’s exponential “z” variable represents a unique number of participants; our collective “3MOTING” is then portrayed as a larger, polygonal matrix of selves online. We will aim to together construct this identity matrix under the video-grid architecture of Zoom software, moving through proposals for how to reorient figures/forms like “I,” “other,” “we”/“us,” “you,” and “here”/“when.”



Duration: 45 - 60 minutes

Requirement:

- ✓ Please feel and be comfortable showing your face and eyes throughout the Zoom workshop (important/required).
- ✓ Please charge and bring with you a personal smartphone (not required).
- ✓ Both small/restrictive and large/multiroomed/public spaces will function appropriately for the workshop.

*100 places are available for all ages, bodies, languages, and relationships to “art” or “dance”, until completed

“A lesson for dancing Imaginary Waltz” by Nanako Matsumoto [Japan]

8 January, 6:30 pm – 7:40 pm (JST) / Zoom online / free of charge



The Imaginary Waltz is the idea and practice of dancing the waltz with someone imaginary. In this workshop, each participant will dance the Imaginary Waltz while listening to a text about someone or something imaginary. After the dance, we will talk about the experience of dancing the Imaginary Waltz. The discussion will focus on how the bodies of each participant experienced the weight imagined by the words. When dancing the Imaginary Waltz, as in the ballroom dancing, it is important to be aware of the movement of the center of gravity on the boundary between the partner and oneself. How do we feel the weight of the partner and dance with it, when the partner is not someone or something that exists within our reach, but someone or something that we imagine from the text? What kind of body and movement emerge from this practice? What kind of relationship do we find in between? Through this project, I want to address the question of how we set boundaries between someone or something imaginary and how we try to cross them, assuming that there is a center of gravity at the boundary.



Duration: 70 minutes

Requirement:

- ✓ Please wear comfortable clothes.
- ✓ Please prepare enough space for your own body.
- ✓ You do not need to have any previous dance experience to take part in the workshop.

*20 places are available for dancers and non-dancers, until completed

To register for the workshop, please fill in the Google Form: <https://forms.gle/UiKgTFsHUJzSd3px7>

You will receive a link of the Zoom meeting via email few days before the workshop.

For the details of the artists, please visit our website: https://www.saison.or.jp/orr_2021artists_e

Organized by The Saison Foundation

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Agency for Cultural Affairs, Government of Japan

Saison Artist in Residence Online Workshop—Day 2

This workshop aims to share the artists' original dance practices, methods and training with the participating artists and the general public online.

“Howling” by Pijin Neji [Japan]

15 January, 5:00 pm – 6:10 pm (JST) / Zoom online / free of charge



Howling is a method of confirming survival. When animals howl, they confirm their companions' survival and at the same time inform their companions of their own survival. The online meeting under the pandemic was like an opportunity to confirm survival. The voice could fly farther than droplets and reach the body. In this workshop, we will have exercises for the performance “Cue”, which are based on the disorder of physical sensation and the transformation of time sensation under the pandemic. And we aim to create howling ensembles to get out of those states and recover ourselves.



Duration: 60 - 70 minutes

Requirement: A space where you can concentrate alone and make a voice.
It doesn't matter the volume of the voice loud or quiet.

*20 places are available for dancers and non-dancers, until completed

“Weekly Weakly #128” by He Jin Jang [Korea]

15 January, 6:40 am – 8:00 pm (JST) / Zoom online / free of charge



Photo by Sinchon Arts Space

Weekly Weakly is a weekly laboratory of weakness designed by Korean choreographer He Jin Jang. Every week since August 2019, she has been running a 'poetic frame of research salon' where she practices and philosophizes through weakness with fellow artists or alone. This will be the 128th week of *Weekly Weakly* and the place is open for Saison Foundation Community and others to dive in. This laboratory is a space of practice itself, and sometimes becomes a public workshop/exhibition/performance. *Weekly Weakly* was shared publicly as the exhibition at ONSU GONG-GAN, as the lecture at the Oil Tank Culture Park, as the workshop at Seoul Dance Center and Sinchon Arts Space in Korea, and as the performance at Movement Research at the Judson Church in the United States. Also, He Jin's recent two works, *the flowing.* and *You cannot disinvite x-being*, have been created inside of this self-organized laboratory. This workshop will realize weakness as a very special state of energy. In *Weekly Weakly*, weakness is not the opposite of strength, nor a flaw or a blemish. Rather, it is something that permeates all of us. Weakness will become a precarious magic carpet, taking us to 'strange moments of performance'. Come join to move, talk, write, read, and touch the fragile.



Photo by Poppon

Duration: 80 minutes

Requirement:

- ✓ Please wear comfortable clothes.
- ✓ Please make sure to join the workshop in the space where you feel comfortable and safe to move around.
- ✓ Please bring a cushion or a pillow. If you don't have any, please bring clothes or towels. Something soft and cushy to touch will be great!
- ✓ You do not need any previous dance experience to join this workshop.

*20 places are available for dancers and non-dancers, until completed

To register for the workshop, please fill in the Google Form: <https://forms.gle/UjKgTFsHUJzSd3px7>

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Saison Artist in Residence Online Workshop–Day 3

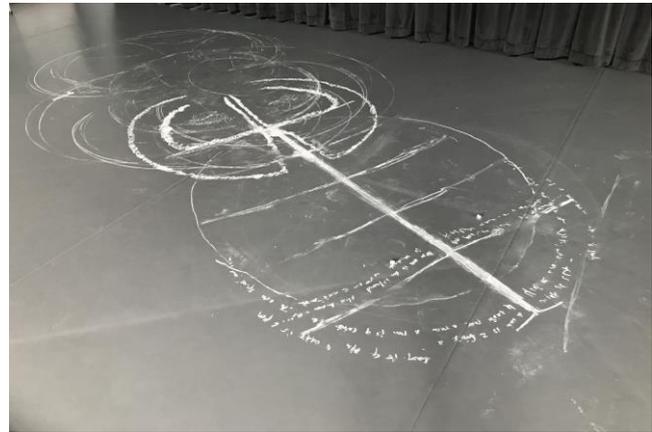
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“Air Ways” by Pat Toh [Singapore]

22 January, 5:00 pm – 6:10 pm (JST) / Zoom online / free of charge



This workshop draws attention to air as agency of movement. Participants will be guided to engage with the breath and to draw the interconnection between one's internal space and the external environment. Working with deep listening and sensations of humming resonance, we will expand our sensory awareness of breath moving through the body and its intricate effects on the psyche. The movement and experience of the breath will be tracked and notated through drawing which will serve as artefacts to provide access to the agency of the researched atmosphere, where we can use it to reflect and deepen the inquiry to the dynamic interactions between outer environment on the inner worlds.



Duration: 70 minutes

Requirement: Paper and pen, a space where you can make some noise

*20 places are available for those who open to movers of all experience, until completed

“Moving out of the Body from History” by Zhen Yang [China]

22 January, 6:40 pm – 8:10 pm (JST) / Zoom online / free of charge



The workshop is mainly divided into two parts. The first part is the perception of body technology traces, through the perception of “slowly movements” imagination, we can awaken the link relationship between the inside and outside of the body and understand the trace and logic of body training. The second part is the recombination and expression of body history. Through the change of history and the experience of context, the traces left by the individual, I hope that participants will describe their experience in the way of guidance and dialogue, so as to produce effective dialogue. In the workshop of body performance, we can understand the relationship between body and senses step by step, so as to make structural expression.



Duration: 90 minutes

Requirement:

- ✓ Please wear comfortable clothes and try to find room space better to be big.
- ✓ Choose one of the most meaningful and beloved items.
- ✓ Choose a photo from your childhood.

*40 places are available for dancers and non-dancers, until completed

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